April 3, 2023

Re: Coverage of Certain Preventive Services Under the Affordable Care Act, RIN 0938-AU94, CMS-9903-P

I write in my personal capacity to submit the following comments for consideration and to ask that the Agencies preserve the conscience protections available to those with moral objections to contraceptive coverage.

According to the Notice of Proposed Rulemaking published on February 2, 2023 (the “Notice”), the Agencies propose to eliminate the moral exemption to the contraception mandate stemming from the Patient Protection and Affordable Care Act (the “ACA”) and remove protections for issuers that may object to the mandate on religious grounds. Although the Agencies propose to leave much (but not all) of the religious exemption undisturbed, the Agencies go much farther with respect to the companion moral exemption by asserting “that non-religious moral objections to contraceptives are outweighed by the strong public interest in making contraceptive coverage as accessible to women as possible.”

The reasoning set forth in the Notice to support this conclusion suffers from serious defects such that even a more robust record from this commentary process cannot salvage the Agencies’ proposal. First, the Agencies unjustifiably assume that where contraceptives are concerned, there is no right to a moral objection that the federal government is bound to respect. Second, the Agencies make unsupported assumptions about the supposed causal relationship between the moral exemption and alleged difficulties in obtaining contraception. Third, the Agencies take an uncritical view of the benefits of contraception without considering the costs associated with promoting its widespread use. Finally, the Agencies entirely undercut their supposed strong interest in expanding contraceptive access through forced insurance coverage by leaving millions of covered employees and family members under grandfathered plans completely free from any contraceptive mandate.

Therefore, the Agencies would be acting arbitrarily and capriciously in limiting the religious exemption and eliminating its companion moral objection. The Agencies should reconsider their decision and retain the exemptions as currently codified.

1 I have included my organizational affiliation for identification purposes only.
2 “Agencies” refers to those government bodies responsible for the Notice: Internal Revenue Service, Department of the Treasury; Employee Benefits Security Administration, Department of Labor; Centers for Medicare & Medicaid Services, Department of Health and Human Services.
4 Although this comment focuses on the proposed elimination of the moral exemption, the Agencies should not eliminate the protections for religious “issuers” under the religious exemption. Specifically, the Agencies should not
I. The Agencies Offer No Valid Reason for Eliminating the Moral Exemption

Agencies are required to “engage in reasoned decisionmaking, and . . . to reasonably explain . . . the bases for the actions they take and the conclusions they reach.” Here, the Agencies explain that they are nixing the moral exemption because it is not protected by the Religious Freedom Restoration Act (RFRA), it is not legally mandated by some other positive enactment, and few individuals or organizations avail themselves of the exemption. Collectively and individually, the Agencies’ reasons are inadequate.

The first two reasons are no reasons at all. The lack of RFRA protection may enable the Agencies to eliminate the moral exemption, but it gives them no reason for doing so. The Agencies’ assumption that the moral exemption is not legally required is a dubious position explored further below, but taking it as true, that too fails to provide a reason to eliminate the existing exemption.

Only the third assertion, that few use the exemption, offers anything approaching a reason to act as the Agencies propose. Yet even that reason strongly supports keeping the moral exemption instead of eliminating it. The Agencies assume that the value of a right diminishes when only a few people feel compelled to invoke it. Worse than that, the Agencies predict that those few who now rely on the exemption will have little legal redress available once the right is taken away, as though the importance of a right were measured by the litigation risk it could generate. This reasoning is entirely backwards. Rights are necessary to protect certain groups from the unchecked will of the majority and from whatever fashionable faction happens to overtake the institutions of government. Thus, the fact that the moral exemption protects a small group with an unpopular view militates in favor of defending, not diminishing, that right.

Furthermore, the Notice fails to offer anything more than a speculative connection between the action proposed and the end it is supposed to serve. The Agencies assert that removing the moral exemption promotes their interest in “making contraceptive coverage as accessible to women as possible.” As a strictly practical matter, the Notice fails to make a rational case for this assertion.

If few organizations rely on the moral exemption, then correspondingly few women could possibly have their access to contraception affected by the exemption’s existence. The Agencies have cited none. And this is unsurprising when it comes to the issue of contraceptives, which are

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5 Bhd. of Locomotive Eng’rs & Trainmen v. FRA, 972 F.3d 83, 115 (D.C. Cir. 2020) (quoting Dep’t of Homeland Sec. v. Regents of the Univ. of Cal., 140 S. Ct. 1891, 1905 (2020)) (cleaned up).
6 Notice at 7249.
7 Notice at 7249 (“the reason for the distinction is that the Departments can account for the prospect of numerous RFRA claims with respect to a religious exemption, some of which might be meritorious, but there is no analogous need to heed the possibility of successful claims to a non-religious moral exemption, because there is no moral-exemption statute similar to RFRA.”).
cheap, readily available, and heavily-subsidized under the Title X program. Moreover, the women working for organizations seeking moral exemptions are hardly a random cross section of American society. As prior decisions in mandate-related litigation note and as the Notice itself acknowledges, “employees of these organizations [] typically share the views of the organizations” regarding the immorality of contraceptive use. This makes the already tenuous assumption that the moral exemption actually impedes women’s access to contraception, still less reasonable.

The Agencies’ only response is to invoke the possibility that some female employees and perhaps some of their dependents do not view contraception as inherently immoral and that these hypothetical women face difficulties obtaining contraception because of the moral exemption. Implicitly, the Agencies also must speculate that this dissenting subset of women, if they exist, lacks contraceptive access by some other means such as through another family member’s health plan. But “unsupported speculation” is no basis for agency action; instead, the Agencies must provide some “factual basis for this belief” that the moral exemption itself erects demonstrable obstacles between contraception and women who want it and otherwise lack access to it.

Where an agency lacks a factual basis for the belief motivating its regulatory choice, it necessarily lacks the reasoned explanation required for the action to be valid. Without a well-founded evidentiary basis for the belief that moral exemption limits contraceptive access for women who actually want it, the Agencies appear not to be addressing a legitimate problem but merely looking for an excuse to cut back protections afforded to those who dissent from the Agencies’ moral views on the propriety of contraception. And however small that group of dissenters may be, at least their existence is not a matter of pure speculation. Three separate organizations filed either comments supporting a non-religious moral exemption in past rule makings or brought litigation in federal court to defend that exemption. Presumably those and other groups and individuals will provide further testimony of actual burdens on conscience through the comment process. And as the Agencies acknowledge, there is no data establishing the actual number of persons and organizations who rely on the moral exemption, meaning the actual number of persons relying on the moral exemption is almost certainly higher. The Agencies have no good reason to ignore the views of these organizations while prizing the interests of women they have not even identified.

II. The Agencies Overstate the Interest in Maximizing Access to Contraception

As noted above, the Agencies have yet to demonstrate a meaningful connection between the moral exemption and the supposed problem of contraceptive access. But a more basic problem is the Agencies’ failure to rationally justify the weight they give to contraception access and their

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8 Notice at 7250. See also March for Life v. Burwell, 128 F. Supp. 3d 116, 127 (D.D.C. 2015) (“March’s for Life’s employees are, to put it mildly, “unlikely” to use contraceptives”).
9 Notice at 7249-50.
assertion that “it is necessary to provide [women who work for objecting non-religious employers] with such coverage directly through their plan.”

“Seamless” access to contraception through an employer-provided health plan is not a statutory right. “Congress . . . declined to expressly require contraceptive coverage in the ACA itself . . . and no language in the statute itself even hints that Congress intended that contraception should or must be covered.” In short, Congress itself took no specific position on contraception access in the ACA, let alone require that any such access be “seamless,” a modifier which the Department of Justice seems to have invented out of whole cloth. Thus, in terms of statutory footing, the right of contraception access has a status no stronger than the right of moral objection.

Even the contraceptive access provided by agency rule is a patchwork riddled with “exceptions a-plenty” many, if not all, of which greatly exceed the moral exemption in the number of women affected. Between “grandfathered” health plans and plans provided by employers with fewer than fifty employees, “tens of millions of people” remain outside the reach of the contraceptive mandate. This prompted Justice Samuel Alito to observe that:

A woman who does not have the benefit of contraceptive coverage under her employer’s plan is not the victim of a burden imposed by the rule or her employer. She is simply not the beneficiary of something that federal law does not provide. She is in the same position as a woman who does not work outside the home or a woman whose health insurance is provided by a grandfathered plan that does not pay for contraceptives or a woman who works for a small business that may not provide any health insurance at all.

While this explanation came in a case arising from the religious exemption, the explanation itself does not depend on that fact. Rather, it affirms that nowhere does federal law establish a right or even a strong interest in providing seamless access to contraception without regard to competing rights. Thus, it is not the case that all burdens and obstacles must give way in the face of the supposed need for seamless contraception access as the Agencies assume.

Nor do recent developments in the law provide a reason for favoring contraceptive access to the complete exclusion of the right of moral objection. The Supreme Court’s decision in Dobbs v. Jackson Women’s Health Organization, though cited frequently throughout the Notice, has little bearing on how accessible contraception should or shouldn’t be. That decision did nothing to

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11 Notice at 7243 (emphasis added).
13 Eric N. Kiffin, Federal Departments Propose New Regulations for Contraceptive Services Mandate, FedSoc Blog (Mar. 29, 2023) (“[N]either in the ACA nor in the Women’s Health Amendment did Congress assert any interest in ‘seamless’ access. . . . The term ‘seamless’ showed up first in DOJ briefing in Mandate cases as the Departments’ lawyers were trying to defeat religious employers’ claim that the Departments had other ways of getting women free contraceptives.”) https://fedsoc.org/commentary/fedsoc-blog/federal-departments-propose-new-regulations-for-contraceptive-services-mandate.
affect the legality of contraception; on the contrary, it took great pains to distinguish the putative constitutional right to an abortion, which the Court rejected, from private contraception use, which the Court deemed as a right in *Griswold v. Connecticut*. 17 Far from restricting legal access to contraception, *Dobbs* simply permitted the States to reclaim their traditional authority to regulate the performance and availability of abortions.

Nonetheless, the Notice suggests (without supporting evidence) that *Dobbs* has driven increased demand for contraception. 18 Of course, general demand for something does not create a right to that thing unless that demand is channeled through the political process into law. And demand alone provides no basis whatever for overriding competing rights like the right of moral objection to contraception.

The Notice expresses particular concern that some combination of causes, *Dobbs* among them, has rendered contraception access more difficult for “low-wage,” “non-white women.” 19 The Notice contends further that the needs of these communities was “not given sufficient consideration” in prior rulemakings. 20 But this concern has been raised and addressed before: “Existing federal, state, and local programs, including Medicaid [and] Title X . . . *already provide free or subsidized contraceptives to low-income women*. . . . And many women who work for employers who have [] objections to the contraceptive mandate may be able to receive contraceptive coverage through a family member’s health insurance plan.” 21 Thus the need women in these communities have for more and freer contraception is doubtful even if it can be shown that these communities are affected directly by the moral exemption—another questionable supposition in the Agencies’ logic.

The vast exceptions to the contraceptive mandate and the slew of non-coercive alternatives the government has used to make contraception available pose a question: why is the, in practice, tiny exception created by moral exemption intolerable in a scheme with so many gaps? The Agencies never engage this question directly. Given the numerous alternatives and exemptions, it seems doubtful that the moral exemption itself creates any problem of contraceptive access. And a regulation responding to a specific problem is “highly capricious if that problem does not exist.” 22

Still, the Agencies maintain that the moral objection is a problem insofar as it may “inconvenience” women, or worse, cause “disruptions in care” for some unspecified period. Putting aside the fact that a “disruption in care” means that in most cases women will simply be potentially fertile for a time, the threat of inconvenience is hardly a reasonable justification for completely disregarding the deeply held moral and philosophical convictions of persons who dissent from the project of society-wide contraception use. Forced violation of one’s abiding conviction is far more than an “inconvenience.” Aside from being weak forms of an interest that

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18 Notice at 7243.
19 Notice at 7240-41.
20 Notice at 7241.
21 *Little Sisters of the Poor,* 140 S. Ct. at 2394–95 (Alito, J. concurring) (emphasis added) (internal quotation marks omitted).
22 *Alltel Corp. v. FCC,* 838 F.2d 551, 561 (D.C. Cir. 1988) (quotation marks omitted).
is already less than compelling.\textsuperscript{23} any inconvenience and disruption women may experience can be addressed through other means such as the “alternative pathway” discussed in the Notice.\textsuperscript{24} And by resorting to non-coercive alternatives, the Agencies would avoid using their own say-so to establish “a binding national answer to this religious and philosophical question” of whether contraception impermissibly interferes with the creation of human life.\textsuperscript{25}

III. Legal and Historical Basis for the Right of Moral Objection

The Agencies contend that the moral exemption is not legally required because there is no “need to heed the possibility of successful [RFRA] claims to a non-religious moral exemption, because there is no moral-exemption statute similar to RFRA.”\textsuperscript{26} Again, it is a mistake to make separate statutory protection the 	extit{sine qua non} of a right.

Here, the 	extit{Dobbs} decision is relevant, not as a supposed driver of demand for contraception, but as source of instruction on how to discern the nature and scope of unenumerated constitutional rights. Such rights are to be delineated by asking whether they are “deeply rooted in this Nation’s history and tradition” and “implicit in the concept of ordered liberty.”\textsuperscript{27} Even before 	extit{Dobbs} placed renewed emphasis on the lens of history and tradition, scholarship explored the historical evidence for rights not to participate in or enable the ending of unborn life, which is what certain forms of contraception do,\textsuperscript{28} and found that the roots of such a right run deep in our Nation’s history.\textsuperscript{29}

The moral right of objection when it comes to life and death issues finds expression in numerous pre-	extit{Dobbs} statutes. For example, as stated in 	extit{United States v. Seeger}, our nation’s “long recognition of conscientious objection to participation in war,” turns on “conscience” where a “duty to a moral power higher than the state has always been maintained”\textsuperscript{30} State statutes had also provided protections on life questions for those who refused to participate in, assist, or even facilitate an abortion based not only on religious grounds but on moral or philosophical grounds as well.\textsuperscript{31} These protections were not limited to surgical abortions; rather, they extended to the

\begin{footnotes}
\footnotetext{23}{\textit{Little Sisters of the Poor}, 140 S. Ct. at 2392 (“The ACA—which fails to ensure that millions of women have access to free contraceptives—unmistakably shows that Congress, at least to date, has not regarded this interest as compelling.”) (Alito, J. concurring).}
\footnotetext{24}{Notice at 7252.}
\footnotetext{25}{\textit{Hobby Lobby Stores, 573 U.S. at 724.}}
\footnotetext{26}{Notice at 7249.}
\footnotetext{27}{\textit{Dobbs}, 142 S. Ct. at 2242.}
\footnotetext{28}{\textit{Hobby Lobby Stores, Inc., 573 U.S. at 697–98 (“FDA-approved methods of contraception work by preventing the fertilization of an egg, four of those methods . . . may have the effect of preventing an already fertilized egg from developing any further by inhibiting its attachment to the uterus.””).}
\footnotetext{29}{See, e.g., Mark Rienzi, \textit{The Constitutional Right Not to Kill}, 62 EMORY LAW JOURNAL 121 (2012); Rienzi, \textit{The Constitutional Right not to Participate in Abortions: Roe, Casey, and the Fourteenth Amendment Rights of Healthcare Providers}, 87 NOTRE DAME LAW REVIEW 2 (2011). Of course, given that the rights to abortion and contraception were comparatively recent judicial innovations (1973 and 1965 respectively), the timeframe for discerning the corresponding right to object to those practices is more limited and recent. Still evidence of a right not to assist in obtaining morally objectionable medical interventions stretches back into the Nation’s first decades of existence and related rights not to participate in killings generally benefit from a deeper historical record. See \textit{Constitutional Right not to Participate in Abortions} at 43-44.}
\footnotetext{30}{\textit{United States v. Seeger}, 380 U.S. 163 (1965).}
\footnotetext{31}{\textit{The Constitutional Right Not to Kill} at 149 nn. 133, 136.}
\end{footnotes}
use of “emergency contraception” including any “medication or device intended to inhibit or prevent implantation of a fertilized ovum.”\textsuperscript{32} The Supreme Court in \textit{Doe v. Bolton} itself noted that “a physician or any other employee has the right to refrain, for moral or religious reasons, from participating in the abortion procedure. These provisions obviously are in the statute in order to afford appropriate protection to the individual and to the denominational hospital.”\textsuperscript{33}

Clearly, then, these protections extended not only to those who did not want to perform an abortion, but also to those who objected to being forced to “participate,” “refer,” “assist,” “arrange for,” “accommodate,” or “advise” someone concerning an abortion.\textsuperscript{34} The author explains that the “speedy passage and near ubiquity of these laws demonstrate that a great majority of Americans at the time—regardless of their famously intense disputes as to the merits of the underlying abortion question—agreed that the government should not have the power to compel participation in abortions by unwilling individuals and institutions.”\textsuperscript{35} And he concludes that “[i]n comparison with other rights the Court has recognized for substantive due process protection, this history alone is more than adequate to qualify the right not to kill [including through abortifacients] for constitutional protection.”\textsuperscript{36}

Under the Supreme Court’s prevailing approach as articulated in \textit{Dobbs}, such a right would derive from the Fifth and Fourteenth Amendments’ protection of “liberty” and would not depend on the existence of a separate Free Exercise or RFRA claim.\textsuperscript{37} Thus, the Supreme Court’s jurisprudence dictates that Agencies should consider the right not just as a matter of equal protection, as courts did in \textit{March for Life v. Burwell} and \textit{Center for Inquiry, Inc. v. Marion Circuit Court Clerk} (both of which held that failure to accommodate a non-religious moral objection violated equal protection), but as a matter of due process as well.\textsuperscript{38}

Consideration of the moral objection in this light is not evident from the Notice. In discussing conscientious objection rights afforded through the “Church Amendments,” the Agencies now “find it significant that Congress chose not to apply those statutory provisions to . . . entities that are . . . similar to sponsors of private group health plans.”\textsuperscript{39} But by failing to explain why they find this significant, the Agencies try to draw unqualified support from a dubious silence. It is not for the Agencies to base their actions on unexplained rationales or their decision to “respectfully disagree” with judicial rulings; rather the Agencies must justify why it is rational and legally appropriate for them to countenance the moral objections of certain entities but not those of employers who remain obliged by law to obtain health plans for their employees. By

\begin{thebibliography}{9}
\bibitem{32} Id.
\bibitem{34} The \textit{Constitutional Right Not to Kill} at 152.
\bibitem{35} Id.
\bibitem{36} Id. at 128.
\bibitem{37} Id. at 127.
\bibitem{38} The doctrine of “substantive” due process underlying the \textit{Dobbs} decision remains controversial. \textit{See Dobbs}, 142 S. Ct. at 2302–04 (Thomas, J., concurring). And while it is the method currently endorsed by a majority of the Supreme Court, a plausible alternative exists for protecting certain unenumerated rights in the Fourteenth Amendment’s Privileges & Immunities Clause. Id. at 2302 (Thomas, J., concurring). An inquiry based on the Privileges and Immunities Clause would, however, still proceed through a close examination of our Nation’s history and tradition. \textit{Id.} at 2248 n.2.
\bibitem{39} Notice at 7250.
\end{thebibliography}
falling back on the lack of RFRA protection alone, the Agencies have failed to account for the discrepancy in treatment adequately.

IV. The Agencies Have Failed to Consider the Costs and Shortcomings of Promoting Widespread Contraceptive Use

Whenever an agency fails “to consider an important aspect of the problem” it is addressing, its action cannot be deemed reasonable.40 As an initial matter, the Agencies should address empirical research that calls into doubt the underlying assumption that contraceptive mandates are effective at reducing rates of unintended pregnancy or abortion.41

On the policy level, the Agencies’ reasoning reflects an uncritical acceptance of contraception as an unmitigated good for women’s health and economic prospects. But other considerations and research complicate this picture. For instance, the Notice does not consider problems linked to widespread contraceptive use such as the U.S.’s long-term decline in fertility,42 which remains persistently below replacement rate and is especially pronounced among minority women.43 Persistent, long-term population decline poses significant challenges particularly for federal and state governments, which may realize some short term cost savings from the decline but ultimately will struggle with an aging population, a diminishing workforce, and a shrinking tax base.44 If, as research indicates, contraception is a factor in this decline, then the Agencies should explain why “making contraceptive coverage as accessible to women as possible” outweighs the potential drawbacks. For example, it is incontrovertible that America’s generally declining birth rates since the advent of chemical birth control has hastened the fiscal unsustainability of the Social Security program. It would be arbitrary and capricious for the Agencies to count increased contraceptive coverage as an unalloyed good without examining the potential fiscal drawbacks that arise from the proposed rule’s effects on overall fertility over the long term.

Furthermore, the Agencies should address research indicating that contraceptive use correlates with lower marriage rates as well as higher rates of divorce and separation.45 Communities with lower marriage rates often face more limited economic prospects as stable marriages correlate strongly with the ability to buy a home and achieve long-term financial security.46 Again,

40 Little Sisters of the Poor, 140 S. Ct. at 2383-84.
43 Id. (“Many of the states with the sharpest fertility rate reductions have high concentrations of Hispanics, a group that experienced a particularly noticeable drop-off in fertility.”); see also Lyman Stone, Baby Bust: Fertility is Declining the Most Among Minority Women, Institute for Family Studies (May 16, 2018) https://ifstudies.org/blog/baby-bust-fertility-is-declining-the-most-among-minority-women.
44 See Pew Trusts supra Note 42.
46 Steven Malanga, Marriage, Then Mortgage, CITY JOURNAL (2023) (“Today, fewer than one-third of black adults have spouses, compared with about 55 percent of the general population. … That vast difference alone, given the
before finalizing any rule, the Agencies must seriously contend with all the potential costs and side effects resulting from the promotion of widespread contraceptive use. If the Agencies are serious about addressing persistent inequalities afflicting certain minority communities, then these factors deserve thoughtful consideration. An assessment that considers only the supposed benefits of contraceptive use fails to satisfy the requirement of reasoned decision making.

**Conclusion**

Only with great caution should the federal government ever impose one nationally binding answer to questions of great moral and philosophic significance. When the need for such clarity arises, Congress, the institution representing and most responsive to the sovereign citizens, should be the entity which exercises that awesome power. Contraception unavoidably poses foundational questions about the beginnings and value of human life, questions which even the more prevalent use of contraception has not diminished in moral significance.

The weight of these concerns should have counseled caution. Instead, the Agencies have forgone restraint and interpreted Congress’s decision not to impose a contraceptive mandate as an invitation to impose one of the Agencies’ own making. They have leveraged the ACA’s vague commands to impose a legal obligation on conscientious objectors to be complicit in practices that interfere with and even end human life in the womb.

The Agencies should reconsider the supposed wisdom of their project to maximize contraceptive access by imposing it upon every last dissenter, no matter how few remain. But even if the Agencies cannot be persuaded to abandon that project, its ends can be accomplished while maintaining respect for those whose deeply held convictions make them unable to participate in such an undertaking. The Agencies should retain the moral exemption rule to contraceptive mandate and its companion religious exemption in their entireties.

/s/ John Fitzhenry

markedly higher rates of ownership among married couples, accounts for a significant part of the overall racial gap in homeownership. Nor is it hard to grasp the success of black married couples in the housing market when you consider that the poverty rate among black married families is currently just 7.2 percent—well below the 19 percent rate for all blacks.”) https://www.city-journal.org/marriage-then-mortgage.