

MAINE – STATE

Typical Household

Annual Expenses
\$87,300

\$1,341

MONTHLY COST OF LIVING INCREASE*

*Since January 2021

Increased Annual Expenses

↑ \$16,092 (22.6%) Total Expenses

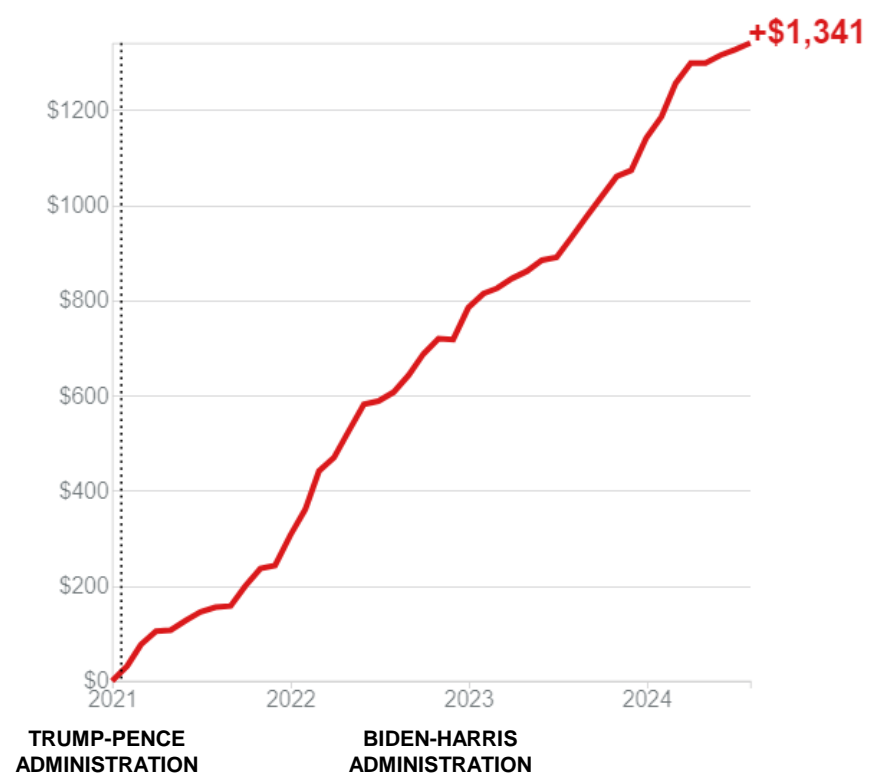
↑ \$5,112 (20.7%) for Rent/Mortgage

↑ \$864 (13.3%) for Groceries

↑ \$720 (48.0%) for Gasoline

When the government spends more, you pay.

Change in My Monthly Expenses



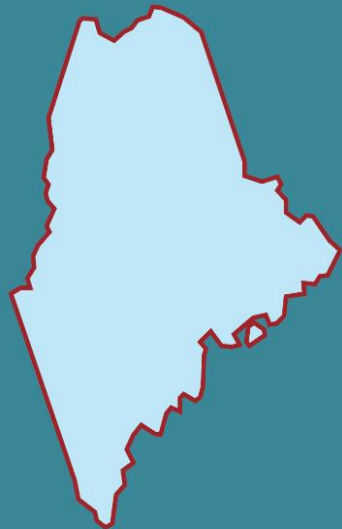
Source: Bureau of Labor Statistics, Consumer Price Index
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Learn more at
[MyInflation.com](https://myinflation.com)

heritage.org



MAINE – DISTRICT 1

Typical Household

Annual Expenses \$91,980

\$1,414

MONTHLY COST OF LIVING INCREASE*

*Since January 2021

Increased Annual Expenses

↑ \$16,968 (22.6%) Total Expenses

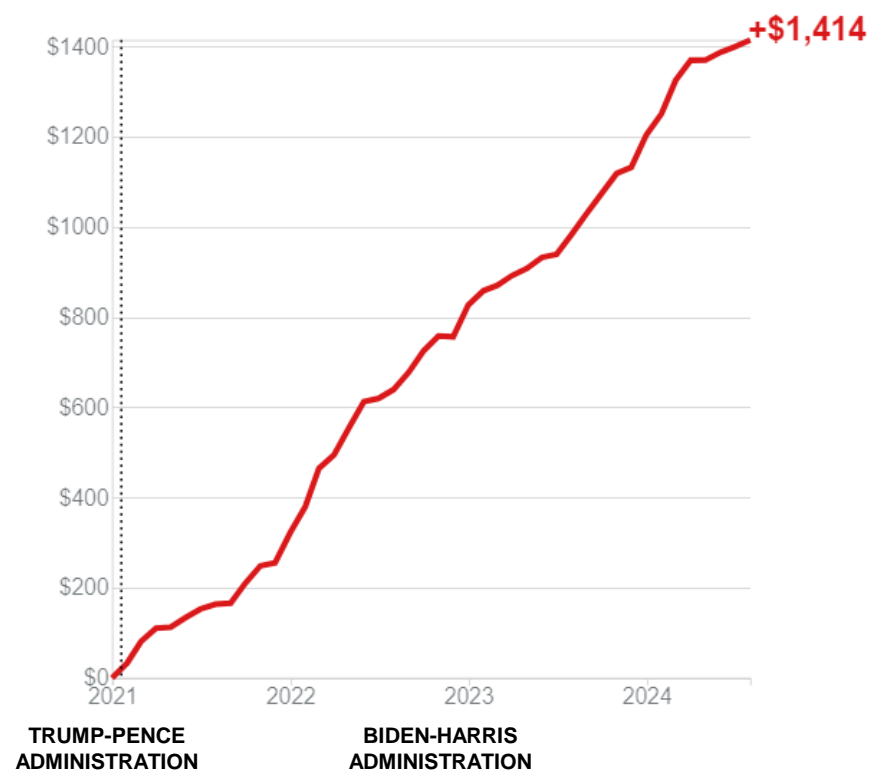
↑ \$5,388 (20.7%) for Rent/Mortgage

↑ \$912 (13.3%) for Groceries

↑ \$756 (48.0%) for Gasoline

When the government spends more, you pay.

Change in My Monthly Expenses



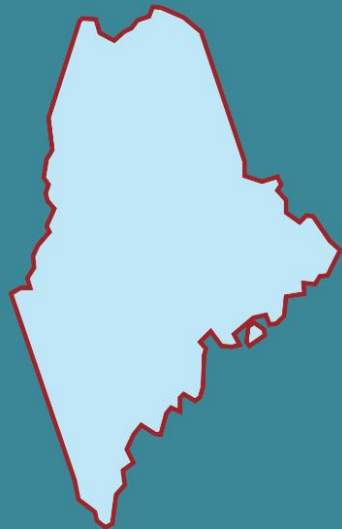
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MAINE – DISTRICT 2

Typical Household

Annual Expenses \$82,440

\$1,267

MONTHLY COST OF LIVING INCREASE*

*Since January 2021

Increased Annual Expenses

↑ \$15,204 (22.6%) Total Expenses

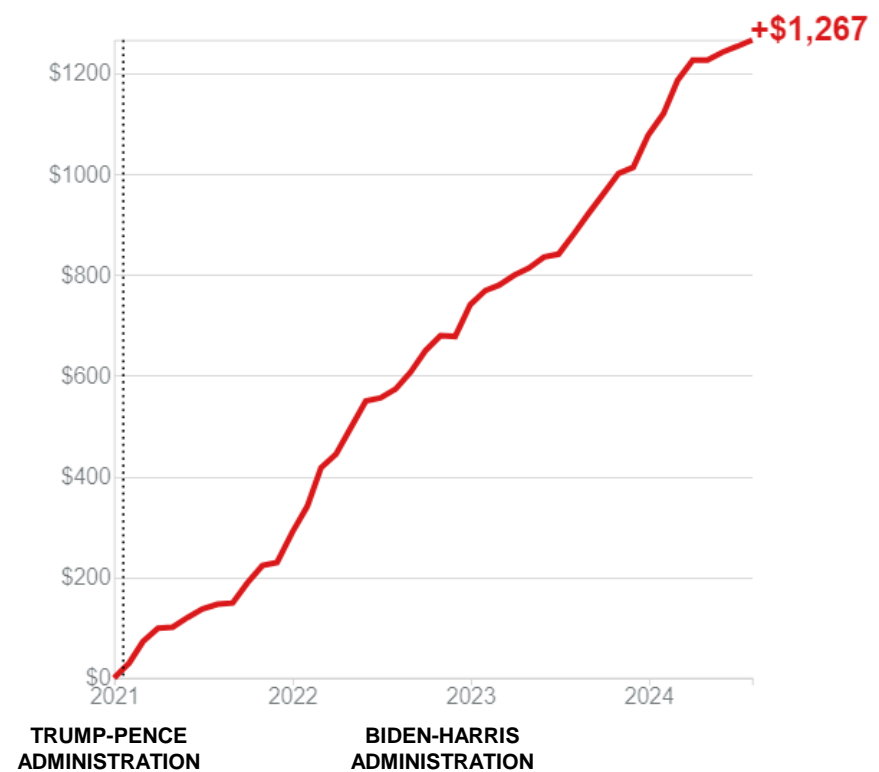
↑ \$4,836 (20.7%) for Rent/Mortgage

↑ \$828 (13.3%) for Groceries

↑ \$684 (48.0%) for Gasoline

When the government spends more, you pay.

Change in My Monthly Expenses



Source: Bureau of Labor Statistics, Consumer Price Index
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